

Adults' Health and Wellbeing Partnership

A meeting of Adults' Health and Wellbeing Partnership was held on Tuesday, 8th January, 2019.

Present: Emma Champley (Chair)(SBC)

Cllr Jim Beall (SBC), Andy Copland (CCG), Steve Rose (Sub for Sara Dalton), Karen Grundy(Healthwatch), Steve Johnson (CFA), Reuben Kench(SBC), Jane King (TEWV) Hilton Heslop (NTHFT) (Julie Parkes), Katie Needham(SBC), Julie Wilson (SRC)

Officers: Michael Henderson, Vanessa Housley, Tanja Braun, Glynn Smith, Mandy Mackinnon, Zoe Flood, Julie Auffret, James O'Donnell (SBC)

Also in attendance: Rebecca O'Keeffe (TEWV), Katie Mcleod (CCG), Karen Eastwood (NECS), Lynn Paley, Ian Brown (Onsite Building Trust)

Apologies: Ann Workman,(SBC), Graham Clinghan (SBC), Sara Dalton (Catalyst), Jane Edmends(SBC), Simon Forrest(Durham University) Lesley Gibson (Harbour), Beverley Gill (Cleveland Police), Chawla Girish (CCG), Steven Hume (SBC), Chris Joynes (Thirteen), Allan McDermott (TAL), Julie Parkes (NTHFT), Neil Russell (SBC), Lucy Harbord (NPA), Margaret Waggott (SBC)

AHP 23/18 **Declarations of Interest**

Councillor Beall declared a personal non prejudicial interest in the item entitled LD Respite Caravan as his wife served on the Board of Onsite Building Trust.

AHP 24/18 **Minutes of the meeting held on 6 November 2018**

The minutes of the meeting held on 6 November 2018 were confirmed as a correct record.

AHP 25/18 **LD Respite Caravan**

Members received a presentation relating to a Short Breaks Caravan Project that offered an adapted static caravan, as an alternative respite option, for clients and their carers.

Points raised and discussion:

- the caravan had been available since June 2016 and had initially been promoted through the Learning Disability Team and subsequently the whole Adult Social Care Teams.
- set up and session costs were provided.
- bookings were progressively increasing year on year, however further promotion was required to ensure full occupancy was achieved.
- details of the positive comments received from clients, carers and families were detailed.
- work to develop a sustainable business model continued including a replacement strategy. It was suggested that an occupancy level of around 72% - 80% would allow for suitable replacement to be funded.

- it was explained that usage was monitored to ensure people had fair and equal access and the caravan was not monopolized by some users.
- members noted that the provision of specialist equipment, going forward, needed to be addressed.

RESOLVED that the presentation and discussion be noted.

AHP 26/18 Perinatal Mental Health

The Partnership received a presentation relating to the work of the Teesside Specialist Perinatal Mental Health Team.

The presentation covered the following broad areas:

- Aims of the Service
- Roles and Responsibilities
- Referral process/numbers
- Patient Experience feedback
- Priorities and Challenges for 2019

Key areas raised and discussion:

- the team provided specialist treatment and advice to women, from preconception to 12 months postpartum, who were at risk of, or had, severe, or enduring mental illness.
- the team had been enhanced in 2018 following a successful bid for additional funding.
- referrals came from a variety of sources including GPs, social workers, midwives and health visitors. In Stockton, during November and December, there had been 26 referrals and 68 across Teesside, during the same period.
- Patient feedback was extremely positive.
- During 2019, priorities would include rolling out training to staff to deliver interventions. Training for frontline staff would initially focus on health visitors but would be rolled out to other teams.
- it was noted that there were service user forums and fathers were invited to attend.
- the team engaged with the voluntary sector, particularly via the nursery nurse. It was agreed that it was important that the team maintained links with other organizations to ensure there was no duplication of service.
- some work around referrals between the team and Cleveland Fire Authority would take place outside the meeting.

RESOLVED that the presentation be noted.

AHP Diabetes Prevention Programme

Consideration was given to a presentation on the NHS Diabetes Prevention Programme. This was an update, as the Partnership had received an initial presentation in May 2018.

The Partnership was provided with details of:

- the eligibility to join the programme.
- referral mechanisms - GP practice registers, NHS Health Checks, routine clinical care.
- Stockton GPs that referred to the programme. It was noted that there were still 8 practices not engaged.
- progress, so far, together with a demographic summary of participants. It was noted that the gender split was roughly equal. 97% of participants were white.
- at the 6 months review stage initial findings showed that across the STP there had been an average reduction of -3.5% in HbA1c results.

Points raised and discussion:-

- the Partnership agreed that there should be a broader demographic and it was explained that there was some work being undertaken to engage with the BME community.
- Healthwatch explained that it would be happy to promote the programme, through its network .
- North Tees Hospital indicated that its public areas could be used for promotional activity.
- once patients had left the programme, digital support was available for 12 months.
- it was explained that awareness raising events were planned during 2019 with local pop up events, advertising in libraries and other community areas and an article in Stockton News.
- people with learning difficulties could access the programme and a buddy system was in place
- the Council was working with Tees Active to develop an incentive scheme for Stockton patients.
- there was a feeling that the model of delivery was not flexible and made it more likely that people would drop out. The Partnership was keen to see the model succeed and would assist in anyway it could.
- The Partnership highlighted some of the universal work being undertaken to try and impact on diabetes , at a population level, such as encouraging healthy eating and physical activity.

RESOLVED that the information presented and discussion be noted and actioned as appropriate.

AHP JSNA Topics - Alcohol and Education

28/18

Members received completed JSNA templates in respect of Alcohol and Education.

Alcohol - key points and discussion:-

- members noted that work in this area included getting messages to parents and carers about the dangers of giving alcohol to young people.

- it was explained that a stakeholder event had been arranged for 14th February, to consider alcohol abuse. Members were encouraged to attend.

- the Partnership recognized some of the negative affects alcohol had on society, for example:

 - impact on health services

 - violent crime

 - Domestic Abuse and the affect on families.

 - work days lost and the impact on the economy.

It also recognized the cultural acceptance of alcohol in society and agreed that some of this acceptance needed to be challenged.

- it was explained that the Council continued to look at options in terms of its regulatory powers.

- Public Health indicated that it would be happy to liaise with Stockton Riverside College in terms of providing some awareness raising sessions with students.

Education - points highlighted and discussion:

- the Partnership noted that educational attainment of the most disadvantaged children and young people in Stockton on Tees was significantly worse than those CYP from less disadvantaged backgrounds.

- work was being progressed to improve school readiness and increase access to effective mental health interventions.

- Members noted the Council's Strategy was to invest in early interventions and it was felt that the 0 - 19 commissioned service would have an impact on school readiness, emotional wellbeing and other issues.

- reference was made to 'closing the gap clusters', that Head Teachers and Pupil Premium leads attended, across the Tees Valley. The clusters provided a forum where information and new ideas were shared to primarily close the attainment gap between boys and girls and the disadvantaged and less disadvantaged groups.

- members noted the early interventions of the Council and voluntary sectors and supported the family approach, as it was important to continue to engage with parents, who needed support, whilst encouraging them to fulfill their role.

RESOLVED that the JSNAs for Alcohol and Education be agreed for publication, subject to consideration of the Partnership's discussion and comments.

AHP **Forward Plan**
29/18

Members considered its Forward Plan :

JSNA topics on Mental Health and Illicit drugs use were likely to be presented to the Partnerships next meeting.

NHS Forward Plan would be added for March.